

Main Menu week one



TENACITY	_				
	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Pork Sausages With A Caramelised Onion Gravy	Pasta Carbonara	Roast Chicken Breast With Gravy	Chicken Tikka Masala	Battered Fish
Snacks	Breaded Fish Fingers Cheese & Tomato Pizza Cheesy Jackets Mash Potato Baked Beans	Breaded Fish Fingers Cheese & Tomato Pizza Cheesy Jackets Mash Potato Baked Beans	Breaded Fish Fingers Cheese & Tomato Pizza Cheesy Jackets Mash Potato Baked Beans	Breaded Fish Fingers Cheese & Tomato Pizza Cheesy Jackets Mash Potato Baked Beans	Breaded Fish Fingers Cheese & Tomato Pizza Cheesy Jackets Mash Potato Baked Beans
Vegetarian Choice	Quorn Sausages	Macaroni Cheese	Vegetable Kiev	Quorn Balti	Vegetable Fingers
On The Side	Creamed Potatoes Baked Beans Green Beans	Garlic Bread Sweetcorn	Roast Potatoes Seasonal Vegetables Yorkshire Pudding	Rice Bombay Potatoes Naan Bread Green Salad	Wedges Beans Garden Peas
Dessert	Mousse Selection Of Cakes & Biscuits	Apple Crumble & Custard Selection Of Cakes & Biscuits	Chocolate Sponge & Chocolate Custard Selection Of Cakes & Biscuits	Iced Buns Selection Of Cakes & Biscuits	Iced Lollies Selection Of Cakes & Biscuits



Main Menu week Two



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CITY	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	BBQ Chicken Skewers	Beef Lasagne	Pork Sausages	Chicken Tikka Masala	Battered Fish
Snacks	Breaded Fish Fingers Cheese & Tomato Pizza Cheesy Jackets Mash Potato Baked Beans	Breaded Fish Fingers Cheese & Tomato Pizza Cheesy Jackets Mash Potato Baked Beans	Breaded Fish Fingers Cheese & Tomato Pizza Cheesy Jackets Mash Potato Baked Beans	Breaded Fish Fingers Cheese & Tomato Pizza Cheesy Jackets Mash Potato Baked Beans	Breaded Fish Fingers Cheese & Tomato Pizza Cheesy Jackets Mash Potato Baked Beans
Vegetarian Choice	Vegetable Fingers	Vegetable Lasagne	Vegetable Kiev	Quorn Tikka Masala	Cauliflower Cheese
On The Side	Herbed Potatoes Mixed Vegetables Green Salad	Sweetcorn Garlic Bread	Mash Potatoes Seasonal Vegetables Yorkshire Puddings	Rice Bombay Potatoes Mixed Salad Naan Bread	Wedges Beans Peas
Dessert	Pancakes Selection Of Cakes & Biscuits	Chocolate Doughnuts Selection Of Cakes & Biscuits	Chocolate Crunch & Custard Selection Of Cakes & Biscuits	Cookies Selection Of Cakes & Biscuits	Mousse Selection Of Cakes & Biscuits



Main Menu week Three



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Sweet n sour Chicken	Beef Pasta Bake	Roast Chicken Breast With Gravy	Chicken Tikka Masala	Battered Fish
Snacks	Breaded Fish Fingers Cheese & Tomato Pizza Cheesy Jackets Mash Potato Baked Beans	Breaded Fish Fingers Cheese & Tomato Pizza Cheesy Jackets Mash Potato Baked Beans	Breaded Fish Fingers Cheese & Tomato Pizza Cheesy Jackets Mash Potato Baked Beans	Breaded Fish Fingers Cheese & Tomato Pizza Cheesy Jackets Mash Potato Baked Beans	Breaded Fish Fingers Cheese & Tomato Pizza Cheesy Jackets Mash Potato Baked Beans
Vegetarian Choice	Spicy Quorn	Vegetable Pasta Bake	Quorn Bites	Quorn Tikka Masala	Vegetable Nuggets
On The Side	Noodles Sweetcorn	Garlic Bread Mixed Vegetables	Roast Potatoes Seasonal Vegetables Yorkshire Pudding	Rice Bombay Potatoes Green Salad Naan Bread	Wedges Beans Peas
Dessert	Chocolate Krispie & Custard Selection Of Cakes & Biscuits	Choux Buns Selection Of Cakes & Biscuits	Chocolate Sponge & Custard Selection Of Cakes & Biscuits	Jam Doughnuts Selection Of Cakes & Biscuits	Ice Lollies Selection Of Cakes & Biscuits

TENACITY	Monday		Break Menu	day	Friday
Break Time	Pizzas Paninis Chicken Wraps Bacon Rolls/Baguettes Hot Dogs Popcorn Chicken Sausage Rolls Southern Fried Chicken Burger BBQ Chicken Wings Garlic Dough balls	Pizzas Paninis Chicken Wraps Bacon Rolls/Baguettes Hot Dogs Popcorn Chicken Sausage Rolls Southern Fried Chicken Burger BBQ Chicken Wings Garlic Dough balls	Pizzas Paninis Chicken Wraps Bacon Rolls/Baguettes Hot Dogs Popcorn Chicken Sausage Rolls Southern Fried Chicken Burger BBQ Chicken Wings Garlic Dough balls	Pizzas Paninis Chicken Wraps Bacon Rolls/Baguettes Hot Dogs Popcorn Chicken Sausage Rolls Southern Fried Chicken Burger BBQ Chicken Wings Garlic Dough balls	Pizzas Paninis Chicken Wraps Bacon Rolls/Baguettes Hot Dogs Popcorn Chicken Sausage Rolls Southern Fried Chicken Burger BBQ Chicken Wings Garlic Dough balls
	Pasta bar Selection Of Sauces				
	Cold Bar Sandwiches, Baguettes, Wraps & Rolls				
Sweet Side	Selection Of Cakes Biscuits Crisps Fruit				